

## BASIC STRATEGIES

### 1. The Counter Attack :

- a. Stopper and backs - GO
- b. Support the break as the free man passes you.
- c. Players in advance of the ball
  - I. move wide to let breaking players through
  - II. pick up the ball from Goalkeeper.
- d. Goalkeeper's pass to middle pool players who are facing the Goalkeeper

### 2. The Set-up :

- a. Must have recognised pivots at 2 metres - failing which the nearest player to goal.
- b. Should have one safety man just inside opponents half.
- c. Should have one driver.
- d. Other three players 'ring' the pivot and act as passers.
- e. Pivot must give cues i.e. open side and closed side for driver.

### 3. The Man-up :

- a. Players must get into position immediately.
- b. All players must threaten to score.
- c. There must, be movement from all players.
- d. There must be passing channels created and there must always be angles.
- e. The 'outside' players control the movements of this formation by their movements.
- f. Be alert for the 'second line' shot.

### 4. The Man-down :

- a. Zone quickly : get to defensive positions immediately
- b. Know the path of your movement relative to your position.
- c. Use the appropriate arm to defend when your immediate opponent threatens.
- d. Relate to your goalposts and to the position of your Goalkeeper continually.
- e. In general 'sag' to opponents movement of the ball.
- f. Be prepared to mark on outstanding scorer tightly.
- g. Be ready for a counter-attack.

### 5. Miscellaneous : We should also be able to do the following:

- a. In attack
  - I. ~~Play for three fouls on our pivot (out of date)~~
  - II. Go from 4/2 to 3/3
  - III. Take penalties.
- b. In defence
  - I. Play full pitch press.
  - II. Play half pitch press
  - III. Switch properly.
  - IV. Mark the 'star' man.