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11 April 2007

Academy Womens National Training Days

Dear Athlete

You have been invited to attend the following Academy Womens National Squad Training Days:

- Saturday 5 May – 10.00am to 5.00pm at Walsall Gala Baths
- Saturday 26 May – 10.00am to 5.00pm at Grantham Meres Leisure Centre
- Saturday 23 June – 10.00am to 5.00pm at Walsall Gala Baths

These training days are for the '93/'94 age-group. The day will consist of training sessions with National Squad Coaches and will cost £10 per day (payment by cheque only, made payable to: HPS Ltd).

Please complete the attached Registration Form and return it to me confirming your attendance by Monday 23rd April. Each Training Day will commence at 9.30am with registration on the pool balcony.

You will need to bring the following to the training days:

- Latex training band, t-shirt & shorts for poolside land warm-up
- Swim training kit
- Snacks
- Drink bottle & drinks
- Warm clothes for rest periods

If you would like to attend the training days please contact me to confirm by Monday 23rd April.

I look forward to hearing from you soon.

Yours sincerely,

Paul Kyte
British Youth Squad Team Manager

Enc.

Walsall Gala Baths address: Walsall Gala Baths, Tower Street, Walsall, West Midlands, WS1 1DH
Grantham Meres Leisure Centre address: Grantham Meres Leisure Centre, Trent Road, Grantham, Lincs, NG31 7XQ