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22 December 2006

To : Water Polo Clubs,

REGIONAL TRAINING CENTRE – SCOTLAND PLAYERS

British Swimming have set-up a Regional Training Centre in Scotland for National Academy (1993 / 1994) & Youth (1991 / 1992) age groups. The aim of the R.T.C. is to introduce & develop the basic skills which Water polo players will require over their career.

The R.T.C. will meet over a period of three ten week blocks generally in line with the School terms and will provide an entry into the various GB squads.

The National Academy age group (1993 & 1994) is the entry point for young players into the GB system and the opportunity will be given to attend the highly successful Summer camp at Millfield each year which will be held in 2007 from 5 August to 10 August 2007.

For those in the Youth age grouping (1991 & 1992), competitive weekends will be held at the end of each term and a GB Youth squad will be selected from which eventually a GB Junior team will be picked to participate in the European Junior Championships each year.

The first term of 2007 will be held at the Carnegie Centre, Dunfermline on the dates shown at the end of this letter and Alan Donaldson has agreed to be the lead coach. The Carnegie Centre will not be the long term venue for the R.T.C. as we are currently seeking regular access to a larger pool which we hope to have in place prior to the start of the summer term in late April.

Initially players born 1990 & 1989 wishing to learn & improve their basic skills may be admitted at the discretion of the Lead coach.

Please forward to me the name, address, telephone No, date of birth and sex of any of your Players who are interested in attending this exciting development in Scottish Water Polo and would commit to attending these sessions. The cost for the 10 week block will be £50 payable at the first session.

Please respond to me a.s.a.p. at murray.mcleod@dundeecity.gov.uk

Yours sincerely,

Murray McLeod
Scottish RTC Administrator Designate

Sue Langston, RTC Co-ordinator

SCOTTISH R.T.C. TERM 2 DATES – 2006 / 2007

Venue : Carnegie Leisure Centre, Pilmuir Street, Dunfermline KY12 0QE
Telephone – 01383 314200; Fax : 01383 314225

Arrival : 30 minutes prior to the start time.

Cost : £50 per Player per term (cheques payable at the first session to 'HPS Ltd')

TERM 2	Date	National Academy (93/94)	Youth (90/92)
Week 1	Saturday 20 January 2007	3pm – 4pm	4pm – 5pm
Week 2	<u>Sunday</u> 28 January 2007	1pm – 2pm	2pm – 3pm
Week 3	Saturday 3 February 2007	3pm – 4pm	4pm – 5pm
Week 4	Saturday 10 February 2007	3pm – 4pm	4pm – 5pm
Week 5	Saturday 17 February 2007	3pm – 4pm	4pm – 5pm
Week 6	Saturday 24 February 2007	3pm – 4pm	4pm – 5pm
Week 7	Saturday 3 March 2007	3pm – 4pm	4pm – 5pm
Week 8	Saturday 10 March 2007	3pm – 4pm	4pm – 5pm
Week 9	Saturday 17 March 2007	3pm – 4pm	4pm – 5pm
	Saturday 24 March 2007	NO TRAINING	
Week 10	Saturday 24 March 2007	3pm – 4pm	4pm – 5pm