



Scottish
Swimming

Illness at Training Venue Procedure

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COVID-19 Resource Template

Version 7 – 1st September 2020

Staff/Athlete Illness at the Training Venue

The following best practice guidance outlines the process that should be followed if an athlete or staff member becomes unwell with COVID-19 Symptoms at the training venue.

- Clubs should work with facility management to establish the necessary procedures at that specific venue for dealing with a person feeling unwell, to incorporate this into the club processes.
- If a member becomes unwell with COVID-19 symptoms during a training session, they should be removed from the session as quickly and as safely as possible
- Clubs should work with the facility to identify a location to keep the potentially infected individual if it is not possible for them to leave immediately. The supporting individuals should remain physically distanced and wear a mask.
- If the person requires first aid, that should be delivered in accordance with venue guidance and processes along with the appropriate PPE. That way the supporting individual is significantly less likely to be considered a close contact.
- If under 18 - The COVID-19 Liaison Officer should inform the parent/guardian that their athlete has been removed from the session and requires collection from the venue. If 18 & Over – Working with the facility staff, the COVID-19 Liaison Officer should support the member till they have left the facility safely
- Anyone who is supporting the ill individual in close proximity indoors should wear a face mask
- The member should return home and contact NHS Scotland for the next steps as appropriate
- The COVID-19 Liaison Officer is expected to stay for the duration of each training session in case a member requires support
- If the member returns a positive COVID-19 test result – the NHS (Test & Protect Team) will be in touch to advise next steps. It is the NHS' responsibility to advise your members, do not share the positive test confirmation with any other club members, the NHS will follow their own processes
- Before returning to the training environment, the individual should complete a health screening form.

For reference the symptoms for COVID-19 are currently:

- A new continuous cough
- A high temperature or fever
- Loss of taste or smell

For a full list of symptoms and for more information: <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19>